THE MINDCAP MOMENT

NEWS YOU CAN USE

WELCOME TO THE 5TH EDITION OF THE MM!

This edition of *The MINDCAP Moment* has been updated to reflect some of the changes around The MINDCAP Center, including training and the Lending Library, a focus on current events and parent workshops, the *Building Thinking Families* course, a new cognitive skill (Relevant Cues), and a Shoresh 2025 (Chicago) announcement.

The MINDCAP Center welcomes trainer David Martin to our staff of talented trainers. Dr. Martin will be teaching a Standard 3 Zoom course June 9-13, as well as a Basic 1 live course June 16-20. Martin is a professor emeritus from Gallaudet University, and has been training in FIE since 1980. He has trained in 13 states and 3 countries! We look forward to learning from Dr. David Martin's experience and expertise.



UPCOMING TRAINING OPPORTUNITIES

D. MARTIN

www.mind-cap.org/training info@mind-cap.org

The MINDCAP Center will host the following upcoming Feuerstein certified training opportunities this spring and summer:

- Standard 1 w/ Greta Ehlers: March 3-7, 2025 @ The MINDCAP Center
- Standard 1 w/ Greta Ehlers: June 9-13, 2025 @ The MINDCAP Center
- Standard 3 w/ David Martin: June 9-13, 2025 via Zoom
- Tactile-Kinesthetic w/ G. Ehlers: June 16-20, 2025 @ The River Church
- Basic 1 w/ David Martin: June 16-20, 2025 @ The MINDCAP Center
- Standard 2 w/ Greta Ehlers: June 23-27, 2025 @ The MINDCAP Center
- Basic 2 w/ Greta Ehlers: July 7-11, 2025 @ The MINDCAP Center

The MINDCAP Center has made some changes to the Parent Workshop! After receiving a PW binder, the Workshop video link will be emailed, and parents will then have the opportunity to view the Workshop and prepare any and all questions they might have as preparation for meeting with a small group. Small group discussions will be periodically scheduled at MINDCAP which will give groups of parents the opportunity to fellowship with peers and ask questions of MINDCAP mediators. All parents and guardians are welcome to attend as many times as you'd like!

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• [Monday, March 3, 2025	In-person	6:00 PM - 7:00 PM
• -	Thursday, March 13, 2025	Via Zoom	7:00 PM - 8:00 PM
• -	Thursday, April 3, 2025	Via Zoom	7:00 PM - 8:00 PM
• [Monday, April 7, 2025	In-person	6:00 PM - 7:00 PM
• [Monday, May 5, 2025	In-person	6:00 PM - 7:00 PM
• -	Thursday, May 8, 2025	Via Zoom	7:00 PM - 8:00 PM
• [Monday, June 2, 2025	In-person	6:00 PM - 7:00 PM

PARENT DISCUSSION WORKSHOPS Recommended by all mediators!

BUILDING THINKING FAMILIES

With instructors Anne Merritt & Laura Taliaferro

Join other parents and caregivers learn about thinking and the family! The *Building Thinking Families Through Mediation and Active Learning* coursework centers around family mediation and aims to build active learners within the family structure, while improving family dynamics. Instructors Anne and Laura will be teaching an impactful and insightful course. Email info@mind-cap.org with your interest or questions.

>>> NEWSLETTER <<< March 2025 Edition #5

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If you'd like for you or your child to get on the schedule for summer sessions or a summer intensive, now is the time to reach out to us! Nathan is currently working on scheduling, and we'd love to see you this summer!

SUMMER SCHEDULING

with Nathan Kipfer

COGNITIVE SKILL IN ACTION: RELEVANT CUES

Recommended by Vicki Snyder

What is RELEVANT? This is a big word, but an important one! Children and adults often get sidetracked in life because they chase what is not relevant.

To solve a problem, we have to decide what information is needed and what is just extra "stuff" we can ignore.

Following are some questions to help mediate searching for relevant cues vs. irrelevant ones:

What do you need? What is important?

What things do you need to help you do this? Is that a relevant part of the solution? How do you decide what isn't important?

We loved the game because even if 2 people were doing the same challenge at the same time, they never solved it the same way, which was so interesting to us. We thought it was cool that there was more than one way to solve the puzzles, and we wondered how many different ways there might be (using a combination of dice, location of the blockers, and a set of color shapes, there are 62, 208 POSSIBLE SOLUTIONS in the 6X6 grid!). It was loved by our 8 year old, and my husband and I even challenged each other, so I would say it can be played by lots of ages!!

THE GENIUS SQUARE



Recommended by the Buwaldas



The Lending Library has been up and running since December, and so far, clients and families have been loving it! We currently have just over 30 games and 115 books to lend out to our MINDCAP families. Checking out and trying a game or book before you buy is one of the great advantages to the Lending Library! Enjoy your borrowed materials for a week at a time, or bring back at your next scheduled session.

Silly, cranky, excited, or sad—everyone has moods that can change each day. And that's okay! Follow the boisterous, bouncing protagonist as she explores her moods and how they change from day to day.

Today I Feel Silly helps children understand and appreciate their shifting moods. Relatable and funny, it is perfect for sharing.

Jamie Lee Curtis's zany and touching verse, paired with Laura Cornell's whimsical and original illustrations, helps kids explore, identify, and, even have fun with their ever-changing moods.

BOOK OF THE MONTH

Today I Feel Silly & Other Moods That Make Up My Day by Jamie Lee Curtis

SHORESH USA 2025



www.shoreshusa.info

Shoresh USA 2025 will be held in Chicago, Illinois, from Sunday, July 20th - Thursday July 24th. Join The Feuerstein Institute for fabulous trainers and lecturers, morning keynote addresses, one day workshops or week-long courses, and evening lectures.

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