THE MINDCAP MOMENT

NEWS YOU CAN USE

OUR **ILLNESS POLICY**



Please contact your mediator or call the office to cancel your session if you are ill, and refrain from bringing ill family members into the office. This includes all active cold/flu symptoms like fever, chills, cough, vomiting, diarrhea, and sore throat. Assure you are fever free for at least 24 hours prior to your appointment. If you were too ill to attend school or work, please also cancel your session. Practice good hygiene by covering mouths when coughing and sneezing while at MINDCAP.



Did you know The MINDCAP Center is on Facebook and Instagram? Please like us on Facebook and follow us on Instagram to find the latest in MINDCAP news, updates, Instagram and opportunities, and invite your friends and family to like and follow us too!



FOLLOW US ON SOCIAL MEDIA

FWACB PERFORMS TUESDAY, OCTOBER 29 @ 7:30 PM

For almost 45 years, the Fort Wayne Area Community Band has existed to provide opportunities for musicians to perform and improve their skills, to provide entertainment for the citizens of Fort Wayne, and to promote and encourage artistic musical expression by engaging a variety of musical genres through a traditional community band. MINDCAP's Julie Smith has performed in the FWAC band playing trumpet for about ten years. Come out and enjoy a taste of what the Fort Wayne Community Band has to offer, and to support Julie, by attending one of their upcoming shows!

The MINDCAP Center has made some changes to the Parent Workshop! After receiving their PW binder, the Workshop video link will be emailed home, and parents will then have the opportunity to view the Workshop and prepare any and all questions they might have as preparation for meeting with a small group. Small group discussions will be periodically scheduled at MINDCAP which will give groups of parents the opportunity to fellowship with peers and ask questions of MINDCAP mediators. All parents are welcome!

THE PARENT WORKSHOP 11/4 @ 6 LIVE DISCUSSION **NIGHTS** 11/14 @ 7 200м 12/2 @ 6 LIVE

UPCOMING TRAINING OPPORTUNITIES

Standard 2 with Greta Ehlers: Standard 1 with Greta Ehlers:

November 5, 7, 12, 14, & 19 March 3-7, 2025







The MINDCAP Center would like to welcome our beloved Vicki Snyder back to the office! After an extended medical leave, we are blessed to have Vicki healthy and returning in late October.

We would like to thank everyone for their patience and understanding with scheduling changes during Vicki's absence, and Vicki would like to thank all those who reached out to her with texts, calls, meals, flowers, well wishes, and prayers while she was away.



VICKI SNYDER Edition #3 October 2024

>>> NEWSLETTER <<<

THE MINDCAP MOMENT

TOP NEWS OF THE MONTH



REGAL

A REGAL UNDERTAKING...A FUNDRAISER!

Lights, Camera, Action! The MINDCAP Center has just launched a Regal Fundraising Campaign where 25% (\$7.50) of your purchase goes directly to supporting our cause! This \$30 two-ticket bundle is perfect for movie enthusiasts who don't want to miss out on the latest hits or catch their favorite films before they leave the big screen. Tickets can be used at Regal Cinemas nationwide, and they don't expire!

Don't delay! The fundraiser runs through November 15.

POWER TOOL OF THE MONTH

Teach searching skills: Teach your children how to systematically search for a lost item by slowly and carefully looking for it, one room or area at a time. Start on one wall and methodically look left to right or top to bottom. Teaching children how to search will save you immense time in the future, and teach a valuable lesson while you're at it!



MEDIA OF THE MONTH

BUILD-A-BRAIN PODCASTS



Did you know Dr. Jeanne Zehr's Build-a-Brain Podcasts are available for *free* on the MINDCAP website!? Block by block, thought by thought, now is the time to build a better brain! There is a wealth of information available at your fingertipsmake sure to check them out!



One day, a little girl has a wonderful idea. With the help of her canine assistant, she is going to make THE MOST MAGNIFICENT THING! She knows just how it will look. She knows just how it will work. Easy-peasy! But making the most magnificent thing turns out to be harder than she thinks. She measures, hammers, fastens and adjusts again and again, but the thing just keeps turning out wrong. If only the thing WOULD JUST WORK! A clever, honest, and funny portrayal of an experience we can all relate to, Spires's latest tale gives kids (and their grown ups) the most magnificent thing: perspective!



The Most Magnificent Thing
by Ashley Spires